HELPING GIFTED KIDS MANAGE "ALL THE FEELS"

Webinar Facilitator's Guide



Helping Gifted Kids Manage "All the Feels"

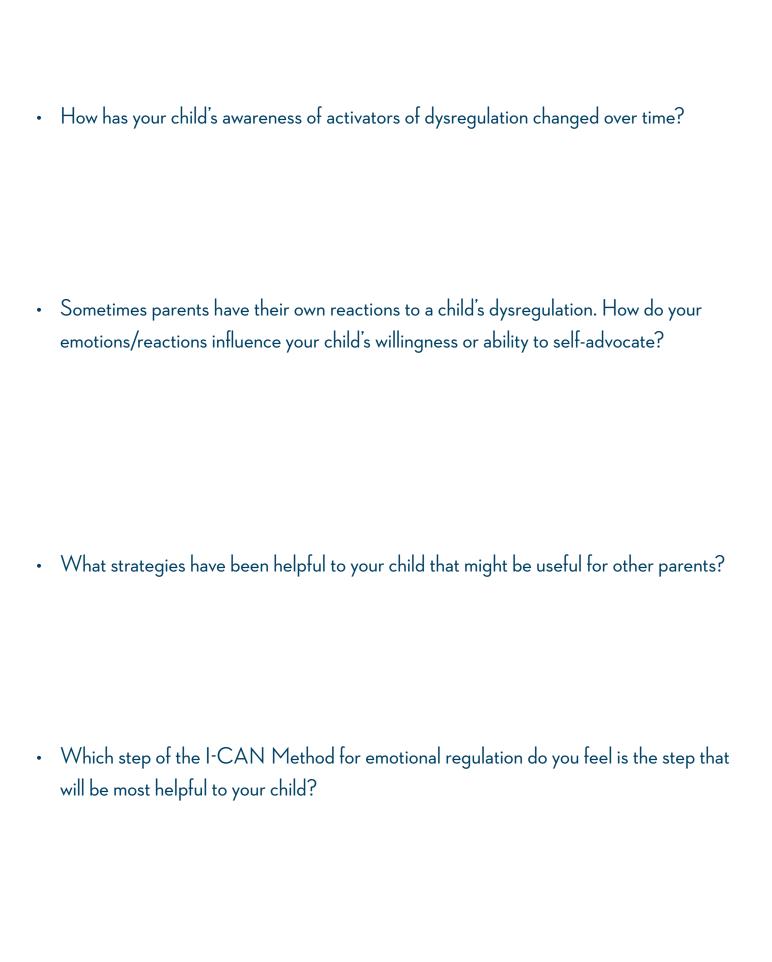
DISCUSSION QUESTIONS

•	In what situations does your child exhibit intense emotions?

· Are there times when your child is better about regulating their emotions than others?

· What type of awareness of the proportionality of their emotions does your child show?

• What activators do you notice related to your child's dysregulation?



About Emily Kircher-Morris

Emily Kircher-Morris, M.A., M.Ed., LPC, inspired by her own experiences as a neurodivergent person, is dedicated to destigmatizing neurodiversity and supporting neurodivergent people of all ages. She started her career in education and is now in private practice near St. Louis, Missouri as a licensed professional counselor, where she specializes in supporting gifted, twice-exceptional, and neurodivergent kids and adults (and their families).

Emily is the author of two books related to the development of children and teens who are neurodivergent and cognitively gifted. Teaching Twice-Exceptional Learners in Today's Classroom (Free Spirit Publishing, 2021) focuses on supporting 2e learners in the educational setting, and Raising Twice-Exceptional Children:





Emily hosts The Neurodiversity Podcast, which explores the psychological, educational, and social needs of neurodivergent people. She speaks at statewide, national, and international conferences and frequently provides virtual and in-person professional development to educators, mental health clinicians, and parents worldwide.

MORE RESOURCES

https://neurodiversitypodcast.com/home/2022/6/17/episode-128-what-were-learning-about-pervasive-pathological-demand-avoidance

https://neurodiversitypodcast.com/home/2022/3/10/episode-116-understanding-behaviors-and-emotional-regulation-with-mona-delahooke

https://neurodiversitypodcast.com/home/2021/12/29/episode-108-biggest-conversations-of-2021-oppositional-defiant-disorder-from-episode-92

https://neurodiversitypodcast.com/home/2018/6/27/episode-12-all-the-feels-and-then-some

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