

NAVIGATING AN UNCERTAIN FUTURE: APPLYING THE NEW SCIENCE OF PURPOSE IN SCHOOL & LIFE

Webinar Facilitator's Guide



TEXAS ASSOCIATION FOR THE
GIFTED & TALENTED

Navigating An Uncertain Future: Applying The New Science of Purpose In School & Life

DISCUSSION QUESTIONS

- What's your definition of success? (What's your students definition of success?)
- Are you experiencing any signs of burnout? Are your kids? If so, which ones?
- What are your expectations of what academic success should look like? Does that differ from reality?
- How are you impacted by the performance mindset? What positive and/or negative impacts does this have?

- How are you impacted the passion mindset? What positive and/or negative impacts does this have?
- What do you find personally meaningful?
- What sparks are most important to you? What activities create these sparks?
- What impact do you want to make?

PURPOSE *Sparks*

JOY: Lightens us up so we can play.

HOPE: Helps us believe that things can and will change for the better.

INSPIRATION: Enables us to draw energy from what's good in the world, and to add to it.

GRATITUDE: Gives us a sense of the blessings in our lives.

PRIDE: Makes us conscious of our worth and dignity so we can do what matters.

AWE: Gives us the sense we are part of something much larger than ourselves.

SERENITY: Calms us so we can savor the present moment.

INTEREST: Tunes us into something in the world so we can learn with curiosity and fascination.

AMUSEMENT: Opens our eyes to the humor in things so we can take ourselves less seriously and enjoy the ride.

LOVE: Allows us to share all of these sparks with others, both individuals and communities.

Ask Your Students:

- Which three purpose sparks feel most important to you right now? Why did you choose these three?
- What activities in your life make you feel these purpose sparks? What is it about these activities that make you feel this way?
- Do you feel any of these sparks in school? Why or why not?
- What can I do to help you pursue these sparks in life?

*Parent Webinar: Navigating An Uncertain Future:
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About Tim Klein

Children are innately purposeful: They are intrinsically motivated to engage in the world. As parents, our role isn't to find our kids' purpose, but to cultivate it in a world obsessed with performance. Join two award-winning educators as they share evidence-based best practices to guide parents of children in a rapidly changing world. In this interactive workshop, parents will be introduced to the four core elements of purpose and learn how they can support their children in cultivating purpose along every stage of their educational journey.



LEARN MORE ABOUT TIM

Tim Klein, LCSW, is an award-winning urban educator, clinical therapist, teaching fellow at Harvard University and lecturer at Boston College. Throughout his career, he's worked intensively with marginalized students to empower them to pursue meaningful and fulfilling lives.

Tim is one of the authors of *How To Navigate Life: The New Science of Navigating College, Career & Beyond* which will be published by St. Martin's Press in August 2022.

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